

# Spiritual Practices

Questions related to the faith practices of your people

x 2025

(Optional) Filter the responses to this question by a particular demographic by selecting a question and associated response below

Select a question

Select a response

Pace of spiritual growth

Show table



Legend

- In a period of rapid spiritual growth
- Growing at a steady, continued pace
- Growing in my faith, but would like to grow more than I am
- Content staying right where I am spiritually
- Stalled in my spiritual growth
- In a period of spiritual decline

Catholic Journey

Show table

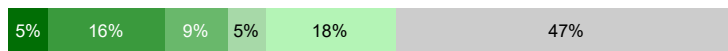


Legend

- My relationship with Jesus Christ is the most important relationship in my life
- I have personally encountered Jesus Christ and am growing as a disciple
- I practice my Catholic faith, but do not know Jesus personally like a friend
- I consider myself Catholic, though faith is not a significant part of my life

Frequency: Bible study/prayer group

Show table



Legend

- Daily
- Weekly
- Monthly
- Quarterly
- Once or Twice a Year
- Never
- Group Daily, Weekly & Monthly

Frequency: Individual prayer time

Show table



Frequency: Mass attendance

Show table



Frequency: Confession

Show table



Frequency: Pastoral counseling/spiritual direction

Show table



Frequency: Class/workshop

Show table



Frequency: Social event

Show table



Frequency: Retreat

Show table



Frequency: Eucharistic adoration

Show table



Frequency: Catholic devotions

Show table

